

IS YOUR COMPANY FIT FOR BUSINESS?



TITAN WELLNESS



Thinking of creating a wellness hub
in your company?

Got a budget and are ready to move?

STOP!

Titan wellness will provide the
ultimate health & wellness solution
for your company.

A state-of-the-art bespoke corporate
wellness hub for your employees that
can be 100% tax deductible utilizing
an existing government tax relief.





WHAT WE DO

Titan Wellness are Ireland's leading corporate wellness solutions company. As part of our services we now offer bespoke wellness hubs for companies, including design, installation, funding, and management

Titan Wellness can:

- Upgrade your existing fitness facility
- Fit out an existing room or space
- Build and equip a brand-new state of the art facility from scratch

Your wellness hub will be a multifunctional room for fitness classes, medical screenings and workplace wellbeing seminars.

ADDITIONAL SERVICES

Titan can provide Post-delivery management of your facility*

Design and delivery of bespoke wellness programme utilising new facility*

*additional cost



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WHY?

So why create a wellness hub? It improves overall wellbeing of employees by providing an area within the workplace for fitness & wellbeing programmes. Helping improve the physical and mental health of employees.

It will also

- Empower healthy behaviours
- Provide healthy work life balance
- Reduce sick leave
- Help retain existing staff and aid recruitment

THE STATS*

90%

of organisations
offer health &
well-being benefits

88%

of employees have a
clear understanding
of the benefits

28%

of employees
want onsite
medical

>25%

of employers
provide it

71%

of employees
want standard-
of-living raises

<33%

of employers
provide it

73%

of employees want
healthy cafeteria or
vending options

>50%

of employers
provide it

>50%

of employees
want an onsite
fitness centre

<50%

of employers
provide one

75%

of employees want
flexible hours

<50%

provide it



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* figures courtesy of Quantum Workplace

HOW?

Titan wellness will guide your company through the entire process and provide a turn key solution. Utilising existing government tax relief scheme your wellness hub can be 100% tax deductible. Our specialist tax advisors will guide you through the process from start to finish.

Working closely with your company we will assess your employees needs and design your facility around these needs. Maximising any space or area to create a fitness facility of unequalled value and quality. A space that will benefit both your employees and company. Helping you through the process step by step.



Dimensions of wellbeing



WHAT NEXT?

For a free consultation, or simply
to find out more, email [paul@
titanwellness.ie](mailto:paul@titanwellness.ie)